

Guidance for players playing with glasses

Referees should check each player's equipment prior to kick off, or the player entering the field of play as a substitute.

Law tells us...

A player must not use equipment or wear anything that is dangerous.

All items of jewellery (necklaces, rings, bracelets, earrings, leather bands, rubber bands, etc.) are forbidden and must be removed. Using tape to cover jewellery is not permitted.

The players must be inspected before the start of the match and substitutes before they enter the field of play. If a player is wearing or using unauthorised/ dangerous equipment or jewellery the referee must order the player to:

- remove the item
- leave the field of play at the next stoppage if the player is unable or unwilling to comply

A player who refuses to comply or wears the item again must be cautioned.

If a player is wearing glasses, the referee should check that they are sports glasses, which do not contain glass or a metal frame. This is for the safety of the player and other participants in the match, as per the Laws of the Game.

Any player wanting to wear glasses which the referee deems to compromise safety, should remove the glasses or not be allowed to play until so.

